



Head over Heels

Walking
in Nature

Long Socks

LONG SOCKS BY BRONAGH MISKELLY

SIZES

To fit: Calf circumference 35-38cm: 38-40cm

Actual measurement:

Leg circumference 21 [24.5]cm (8¼ [9½] in),

Foot circumference 20.5 [24]cm (8 [9¼] in)

Stylecraft Head Over Heels

Women's socks –

2 balls in Stride 3116

Men's socks –

2 balls in Hike 3126

1 set of 2.25mm double pointed needles or 2.25mm circular needle
Stitch markers

Note: Yarn amounts given are based on average requirements and are approximate.

TENSION

35 sts and 44 rounds to 10cm over st st using 2.25mm needles.

Use larger or smaller needles if necessary to obtain correct tension.

NOTE

Socks can be worked on double-pointed needles or on a circular needle using the magic loop method as you prefer.

If you are working with dpns, rearrange the number of sts on each needle by one of two every few rows to avoid developing ladders of looser sts.

Rib top of socks can be worn flat or folded down

SPECIAL ABBREVIATION

K1b – knit into the stitch below the one on left hand needle

SOCK (make 2)

Cast on 116 (124) and join in the round, placing a marker for the start of round.

Rnd 1: (K1tbl, p1) rep to end of round.

Rep Rnd 1 until work meas 8cm from cast on

Main pattern and shaping

Rnd 1: *[K1tbl, p7(7)] twice, k1tbl, p5(7), [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p5(7), [k1tbl, p7(7)] twice, rep from * once more

Rnd 2: *[K1tbl, p7(7)] twice, k1tbl, p5(7), [k3, p1, k1, p1] twice, k3, p5(7), [k1tbl, p7(7)] twice, rep from * once more.

These two rounds set pattern.

Cont as set for 9 (11) more rounds.

Small size only

Next Rnd (dec): *[K1tbl, p2, p2tog, p3] twice, k1tbl, p5, [k3, p1, k1, p1] twice, k3, p5, [k1tbl, p3, p2tog, p2] twice, rep from * once more. 108] sts

Next Rnd : *[K1tbl, p6] twice, k1tbl, p5, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p5, [k1tbl, p6] twice, rep from * once more.

Next Rnd: *[K1tbl, p6] twice, k1tbl, p5, [k3, p1, k1, p1] twice, k3, p5, [k1tbl, p6] twice, rep from * once more.

Next Rnd : *[K1tbl, p6] twice, k1tbl, p5, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p5, [k1tbl, p6] twice, rep from * once more.

Rep last two rounds five more times.

Next Rnd (dec): *[K1tbl, p2, p2tog, p2] twice, k1tbl, p5, [k3, p1, k1, p1] twice, k3, p5, [k1tbl, p2, p2tog, p2] twice, rep from * once more. 100 sts

Next Rnd : *[K1tbl, p5] twice, k1tbl, p5, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p5, [k1tbl, p5] twice, rep from * once more.

Next Rnd: *[K1tbl, p5] twice, k1tbl, p5, [k3, p1, k1, p1] twice, k3, p5, [k1tbl, p5] twice, rep from * once more.

Next Rnd : *[K1tbl, p5] twice, k1tbl, p5, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p5, [k1tbl, p5] twice, rep from * once more.

Rep last two rounds four more times.

Large size only

Next rnd: *[K1tbl, p7] twice, k1tbl, p2, p2tog, p3, [k3, p1, k1, p1] twice, k3, p3, p2tog, p2, [k1tbl, p7] twice, rep from * once more. 120sts

Next rnd: *[K1tbl, p7] twice, k1tbl, p6, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1,, p6, [k1tbl, p7] twice, rep from * once more.

Next rnd: *[K1tbl, p7] twice, k1tbl, p6, [k3, p1, k1, p1] twice, k3, p6, [k1tbl, p7] twice, rep from * once more.

Next rnd: *[K1tbl, p7] twice, k1tbl, p6, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1,, p6, [k1tbl, p7] twice, rep from * once more.

Rep last two rounds five more times.

Next Rnd (dec): *[K1tbl, p2, p2tog, p3] twice, k1tbl, p6, [k3, p1, k1, p1] twice, k3, p6, [k1tbl, p3, p2tog, p2] twice, rep from * once more. 112 sts

Next Rnd : *[K1tbl, p6] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p6, [k1tbl, p6] twice, rep from * once more.

Next Rnd: *[K1tbl, p6] three times, [k3, p1, k1, p1] twice, k3, p6, [k1tbl, p6] twice, rep from * once more.

Next Rnd : *[K1tbl, p6] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p6, [k1tbl, p6] twice, rep from * once more.

Rep last two rounds four more times.

Both sizes

Next Rnd (dec): *[K1tbl, p1(2), p2tog, p2 (2)] three times, [k3, p1, k1, p1] twice, k3, p2 (2), p2tog, p1(2), [k1tbl, p2 (2), p2tog, p1(2)] twice, rep from * once more. 88 (100) sts

Next Rnd : *[K1tbl, p4(5)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p4(5), [k1tbl, p4(5)] twice, rep from * once more.

Next Rnd: *[K1tbl, p4(5)] three times, [k3, p1, k1, p1] twice, k3, p4(5), [k1tbl, p4(5)] twice, rep from * once more.

Next Rnd : *[K1tbl, p4(5)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p4(5), [k1tbl, p4(5)] twice, rep from * once more.

Rep last two rounds three (four) more times.

Next Rnd (dec): *[K1tbl, p1(1), p2tog, p1 (2)] three times, [k3, p1, k1, p1] twice, k3, p1 (2), p2tog, p1(1), [k1tbl, p1 (2), p2tog, p1(1)] twice, rep from * once more. 76 (88) sts

Next Rnd : *[K1tbl, p3(4)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p3(4), [k1tbl, p3(4)] twice, rep from * once more.

Next Rnd: *[K1tbl, p3(4)] three times, [k3, p1, k1, p1] twice, k3, p3(4), [k1tbl, p3(4)] twice, rep from * once more.

Next Rnd : *[K1tbl, p3(4)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, p3(4), [k1tbl, p3(4)] twice, rep from * once more.

Rep last two rounds two (three) more times.

Next Rnd (dec): *[K1tbl, p0(1) p2tog, p1 (1)] three times, [k3, p1, k1, p1] twice, k3, p1 (1), p2tog p0(1), [k1tbl, p1 (1), p2tog, p0(1)] twice, rep from * once more. 64 (76) sts

Next Rnd: *[K1tbl, p2(3)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, 2(3), [k1tbl, p2(3)] twice, rep from * once more.

Rnd1: *[K1tbl, p2(3)] three times, [k3, p1, k1, p1] twice, k3, p2(3), [k1tbl, p2(3)] twice, rep from * once more.

Next Rnd: *[K1tbl, p2(3)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, 2(3), [k1tbl, p2(3)] twice, rep from * once more.

Rep last two rounds until leg meas 37(39)cm from cast on

Divide for heel

Next round: K1tbl, m1, patt 31(37), m1. Turn

Next row: Sl1, (k2(3), p1tbl) twice, k2(3), (p3, k1, p1, k1) twice, p3, (k2(3), p1tbl) twice, k2(3), p1, turn. Cont in rows on these 33(39) sts only.

Next row(RS): Sl1, p2(3)] three times, [k1, k1b, k1, p1, k1b, p1] twice, k1, k1b, k1, 2(3), [k1tbl, p2(3)] twice, k1.

Next row: Sl1, (k2(3), p1tbl) twice, k2(3), (p3, k1, p1, k1) twice, p3, (k2(3), p1tbl) twice, k2(3), p1.

Rep last two rows 15 (18) more times for heel flap.

Turn heel

Row 1: sl 1 kwise, k17 (21), ssk, k1, turn

Row 2: sl 1 pwise, p4(6), p2tog, p1, turn

Row 3: sl 1 kwise, k to one st before gap, ssk, k1, turn

Row 4: sl 1 pwise, p to one st before gap, p2tog, p1, turn

Rep Rows 3-4 until all heel sts have been worked. 19(23)sts

Gusset

Next row: sl 1 kwise, k18(22) heel sts, pick up and k 17(20) sts up side of heel flap, pick up and k one more st in gap between side of heel and top of sock, pm, patt 33(39), place marker, pick up and k one st in gap between top of sock and side of heel, pick up and k 17(20) sts down other side of heel flap. 88 (104) sts
Rejoin in round

Next round: K to 2 sts before marker, p2. This marker indicated the new start of round.

Dec for instep as folls:

Rnd 1: Patt to marker, sm, p2, ssk, k to four sts before end of round, k2tog, p2. 86 (102) sts

Rnd 2: Patt to marker, sm, p2, k to 2sts before end of round p2.

Rep Rnds 1&2 until 64 (76) sts rem

Next round: Patt to marker, sm, p2, k to 2sts before end of round p2.

Rep last round 3 (3.5)cm less than desired length to toes.

Remove mid-round maker of last round.

Toe

Rnd 1: *K1tbl, p2, ssk, p1, k1tbl, p2, (k1tbl, p1) 8 (11) times, p1, k1tbl, p2, k2tog, p2, place marker, rep from * once more. 60 (72) sts

Rnd 2: *K1tbl, p2, k1tbl, p1, k1tbl, p2, (k1tbl, p1) 8 (11) times, p1, k1tbl, p1, k1tbl, p2, sm, rep from * once more.

Rnd 3: *K1tbl, p2, ssk, patt as set by previous row to four sts before marker, k2tog, p2, sm, rep from * once more. 56(68)sts

Round 4: K1tbl, p2, k1tbl, patt as set to three sts before marker, k1tbl, p2, sm, rep from * once more.

Rep Rounds 3&4 3 (4) more times 44 (52) sts

Rep Round 3 only to 36 (40) sts

Next round: *P2tog, p1, ssk, patt as set to four sts before marker, k2tog, p2, sm, rep from * once more. 30(34)sts

Divide rem sts equally between two dpns and join toe with Kitchener stitch.

Kitchener stitch as follows:

Thread yarn end through a blunt tipped needle. With the set of stitches with the yarn attached at the back, hold both needles parallel to each other in one hand.

Insert the needle into the first stitch on front knitting needle as if to purl, leave stitch on knitting needle before taking the needle through the first stitch on the back knitting needle as if to knit and leave stitch on knitting needle.

** Take needle back through first stitch on front knitting needle as if to knit and slip off the knitting needle, take yarn through next stitch on this knitting needle as if to purl but leave on the knitting needle.

Take needle back through the first stitch on the back needle as if to purl and slip off the knitting needle, take yarn through next stitch on this needle as if to knit but leave on the knitting needle. Repeat from ** until all of the stitches have been worked, tightening up the sewn line as you work.


Take yarn to wrong side of work, fasten off and weave in all ends.





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