

#### Introduction by Helen

As many of you, that know my designs, will know, I love the idea of thousands of people, from all over the world, and many diverse ways of living, connecting through a common love of a hook and some yarn.

The concept of the Cosmic cal is connection, and expansion. Whether you see the universe and stars, or the web of life within this design, this is your journey and I hope it is one of love and gratitude.

"As above, so below, as within, so without, as the universe, so the soul..."

- Hermes Trisma"

"Cosmic consciousness, a consciousness of the life and order of the universe which is possessed by few men at present.

It is a further stage of human evolution which will be reached by all humanity in the future."

#### Gistus

The idea started from some of the spiritual work I have done with Archangel Metatron, and what is known as Metatron's cube, this is part of sacred geometry, and is often used in meditation and connection to higher levels of consciousness. Metatron's cube also incorporates all possible shapes and is linked to "the flower of life", which is a continual connection and growth symbol.

There is lots of information out there on the internet, should you wish to learn more about this.





I am absolutely thrilled to be working with Stylecraft yarns for this CAL. Stylecraft are my absolute favourite yarns to work with, and we have showcased some of their most popular yarns, in the most gorgeous array of colours, for you to hook along with us.

There is an Official Stylecraft Cosmic Cal Facebook group to share your progress and for all the latest updates and news.

## How does the CAL [crochet a-long]

### work?

There will be 9 parts, each week that the cal runs a new part will be published. Starting with part 1 on Tuesday 17th April and ending with part 9 on Tuesday 12th June. Each Tuesday Morning at 10am GMT [UK time] Stylecraft will post links to download the pattern in **US and UK terms, and in Dutch**, these will be photo tutorials. They will also post a link to the video tutorial, which will be on my Youtube Channel, you can sign up to get all my video tutorials.

I will also post on my Facebook page, and in my Facebook group, Helen's Hookaholics, the link to my website, which will include translations in the languages listed below. A huge thank you to the translations teams from the <u>Cal Crochet A-Long group</u> on Facebook.

- ♥ Bulgarian Български
- ♥ Czech -Čeština
- ▼ Danish Dansk
- ♥ Finnish Suomi
- ♥ French Français
- ♥ German Deutsch
- עברית Hebrew עברית
- ♥ Hungarian Magyar
- ▼ Italian Italiano
- ♥ <u>Korean –</u> 한국어.
- ♥ Norwegian Norsk
- ♥ Spanish Español
- ♥ Swedish -Svenska
- اردو Urdu ♥
- ♥ We all work along together to make this gorgeous, rectangular, blanket.
- ▼ The pattern is free, and will remain free on my website forever, and is my gift to
- As with all my designs, Cosmic Cal is covered by copyright, you may download and print for your own use, or share a link to the CAL with any of your friends or on social media, however you are not permitted to publish or copy any part of the pattern.
- ▼ Please love and respect me, as I love and respect you. ▼



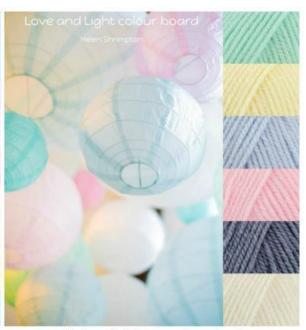
### What will you need?

There are 4 official yarn packs available for you to purchase, or you can go in your own colour direction.

Those of you who are members of my Facebook group will know all about colour boards. these are the colour boards I made for inspiration for the official yarn packs.



Stylecraft Classique 100% cotton Dk-4mm-G hook Greek Blue, Lavender, Fondant, Shell Pink, Sunflower Lapis, Wisteria, Azure, Ivory,



Stylecraft Baby Aran 5 mm hook Baby Mint, Baby Lemon, Baby Blue, Baby Pink, Baby Denim, Baby Cream



Stylecraft Batik Teal, Krypton, Coral Stylecraft Life Dk French Blue, White, Aqua, Ivy 20% wool – 80% Acrylic 4mm G hook



Stylecraft Special Dk-4mm-G hook Walnut, Parchment, Mustard, Lemon, Pistachio

## Creation



▼ Stylecraft Classique cotton Dk, this is the yarn pack I used for the photo tutorials. Classique is a gorgeous, soft cotton, that is a joy to work with, and will give you a blanket that will last for years. The colours bring power, and impact on the creative mind, allowing us to see that anything is possible.

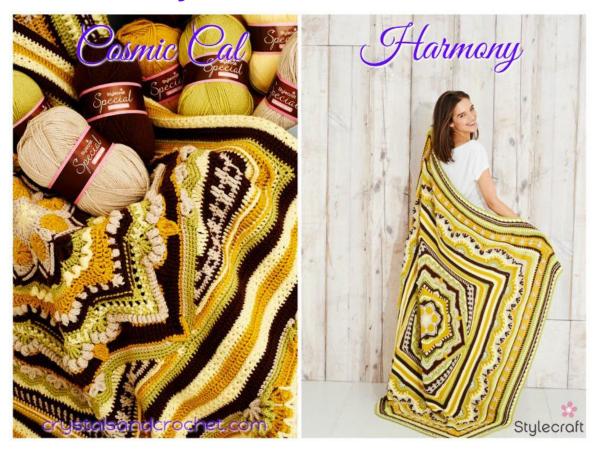
#### This pack is a limited edition, so when they are gone they are gone!

The Creation yarn pack includes: 49 x 50g balls and I recommend a 4mm G hook. Stylecraft Classique Cotton Dk approx. 4508 meters – 4900 yards

Lapis x 12 – Greek Blue x 7 – Azure x 4 – Lavender x 5 – Wisteria x 3 – Fondant x 6 – Shell Pink x 4 – Sunflower x 4 – Ivory x 4

Finished size: approx. Short side: 54 inches/137 cm. Long side: 62 inches/157.5 cm

## Harmony



▼ Stylecraft Special Dk, is a 100% premium acrylic. It is my favourite yarn to work with, and comes in the most amazing range of colours. It is soft, and washes and wears well, to give years of joy and comfort. The colours bring a sense of nature and neutrality, allowing us to see that everything blends together.

The Harmony yarn pack includes: 16 x 100g balls and I recommend a 4mm G hook. Stylecraft Special Dk approx. 4720 meters – 5152 yards

Walnut x 3 – Parchment x 3 – Mustard x 3 – Lemon x 3 – Pistachio x 4

Finished size: approx. Short side: 54 inches/137 cm. Long side: 62 inches/157.5 cm

# Peace and Tranquillity



▼ A mix of Stylecraft Life Dk, Batik Dk, and Batik Elements Dk, these yarns are an acrylic wool blend. They are very light weight and soft with a mix of solid and mottled colours. Elements of the oceans and the land, the cool and calming blues and greens allow us to see there is always peace and tranquillity available for us to find.

#### This pack is a limited edition, so when they are gone they are gone!

The Peace and Tranquillity yarn pack includes: 9 x 100g balls of Stylecraft Life Dk, and 12 x 50g balls of Stylecraft Batik and I recommend a 4mm G hook.

Stylecraft Life and Batik mix approx. 4338 meters – 4746 yards

French Blue x 2 – White x 2 – Aqua x 3 – Ivy x 2

Teal x 5 – Krypton x 4 – Coral x 3

Finished size: approx. Short side: 54 inches/137 cm. Long side: 62 inches/157.5 cm

# Love and Light



▼ Stylecraft Special Baby Aran, 100% acrylic, 100% soft and cuddly, this yarn is a real treat to work with. The soft pastel colours, with just a hint of depth from the Baby Denim allow us to see there is always love, there is always light, and even with a little darkness, we can make the light shine brightly.

The Love and Light yarn pack includes: 31 x 100g balls and I recommend a 5.5mm I hook.

Stylecraft Baby Aran approx. 5704 meters – 6231 yards

Baby Denim x 7 – Baby Cream x 6 – Baby Lemon x 3 – Baby Pink x 5 – Baby Mint x 4 – Baby Blue x 6

Finished size: approx. Short side: 69 inches/175 cm. Long side: 77.5 inches/197 cm

### Using your own colour choices

The yarn packs will give you an idea of how much yarn you will need, depending on the type and weight of yarn, and the number of colours you choose to use. You will notice that the different types of Double knit yarn require different amounts, but as a guide go with the total amounts for the packs and this will give you plenty of yarn:

### When can I buy my yarn?

Love Helen x

All yarn packs will be available from 5th March in participating local yarn shops. To find your local Stylecraft stockist click <u>HERE for UK</u> and <u>HERE for International</u>. All yarn packs will be available from 12th March through participating online stores.

I look forward, to you all joining us on this wonderful crochet a-long journey. Remember you can ask questions in the <u>Official Stylecraft Cosmic Cal Facebook group</u>, or in Helen's Hookaholics Facebook group, or by emailing me from the contact page.