



US Terms

Crochet Along

Stylecraft



Heart Rose

Frida's Flowers Blanket - Block 5

Block 5 – Heart Rose

In 1939 Frida Kahlo painted a canvas that she named 'The Two Fridas'. Frida painted it after her divorce from Diego and it shows one version of herself wearing an exposed heart, the other version of herself with a strong heart. The painting represents suffering versus strength and resilience.

When I first started working on the design for this blanket, and was therefore looking at traditional Mexican fabrics and iconography, I came across designs which featured the heart shape. The sacred heart motif is one of the most common motifs in religious Mexican folk art and, within the Catholic religion, it represents the physical heart of Jesus as a symbol of his divine love for humanity.

Trying to incorporate a heart shape into the design presented me with a problem in that the shape of it would mean the blanket design would have a definite top and lower edge in order for the heart shape to sit in the right position. I played with heart shapes a lot, but in the end I decided it simply didn't fit within the design. However, I realised that the shape would work perfectly as a flower petal and set about designing this piece 'Heart Rose'.

This is one of my favourite pieces within the design and once again it starts with those fabulous popcorn stitches made at the centre of Block 2.

The next block will be available 14 June.

Block 5 – Heart Rose (make 4) Yarns used:



NOTES:

Fastening Off and rejoining Yarn

You will achieve a much neater color change if you complete rounds and fasten off the yarn, rather than joining mid stitch. When fastening off a yarn at the end of a round, the slip stitch that you have made to join can look like a stitch when you are working the following round. Make sure you count correctly and do not count the slip stitch as a stitch when working subsequent rounds.

Dealing with yarn ends

I tend to sew yarn ends in as I go along—doing this makes the finishing process much easier as you will have less to do. Sewing yarn ends in as you go along also means that you are less likely to lose stitches or make errors with your tension.

Joining your pieces

You will join them together using single crochet and a size G/6 (4mm) hook. To save yarn, you could use slip stitch instead, but will need to use a larger hook (size 7 / 4.5mm). When joining, corner sts on the motifs need to be used more than once.

Pattern Note

MP: Make Popcorn
Make 5dc, remove hook from last loop.
Making sure that the stitch does not unravel, insert hook into top of 1st double crochet of 5dc group from the front.
Place the yarn loop from the top of the 5th dc back onto the hook so that there are 2 “sts” on the hook.
Wrap yarn round hook and draw through to form a popcorn.

EQUIPMENT

Size G/6 (4mm) hook used throughout
Sewing needle

MEASUREMENT

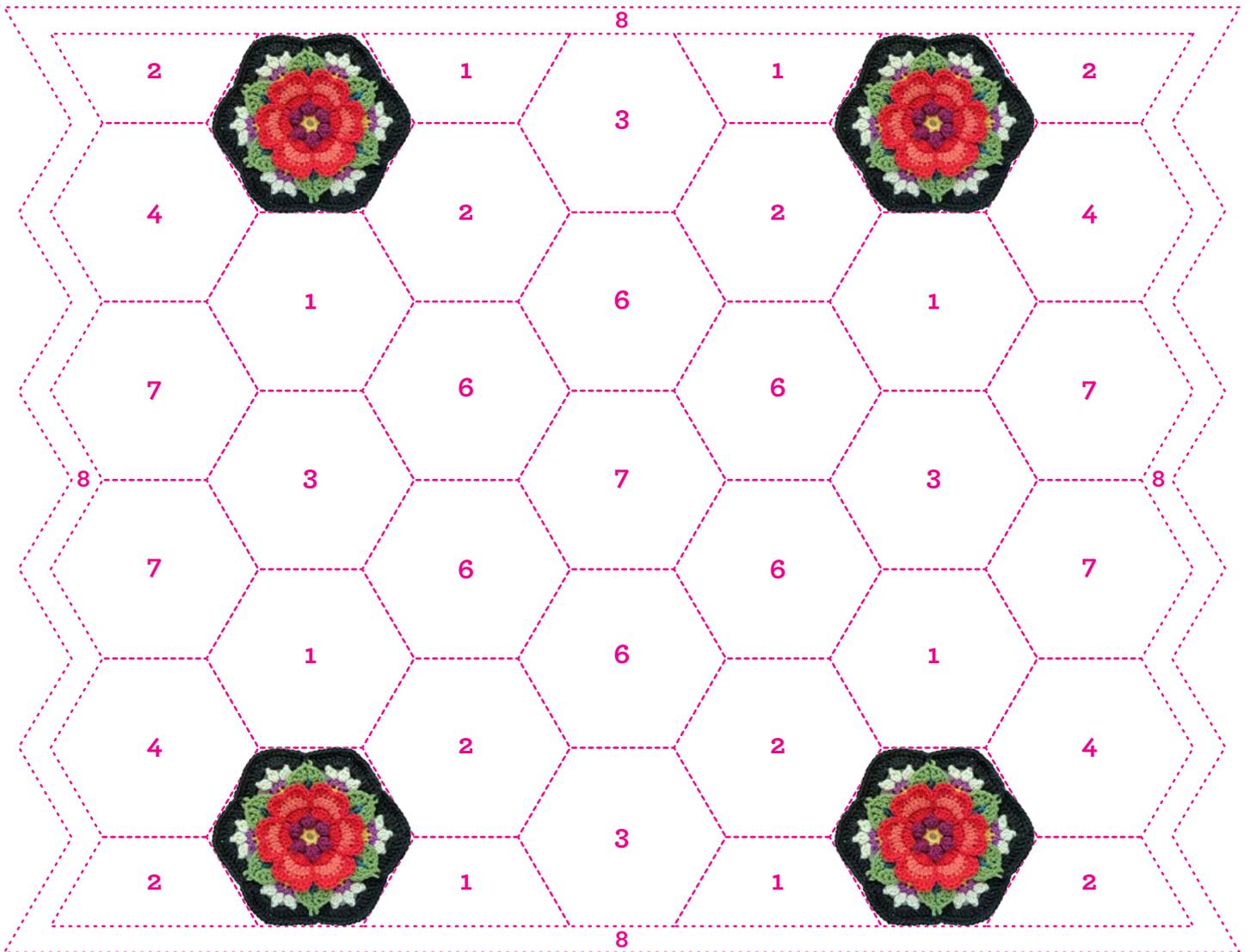
Pre blocked – 7¾in (19.5cm) wide at widest point

ABBREVIATIONS

ch(s) chain(s)	sc single crochet
cm centimeter(s)	sp(s) space(s)
dc double crochet	ss slip stitch
dc3tog work 3 double crochet sts together (2 sts decreased)	st(s) stitch(es)
hdc half double crochet	tch turning chain
in inch(es)	tr treble
RS right side	WS wrong side

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Block 5 – Heart Rose (make 4)



Although every effort has been made to ensure that instructions are correct, Stylecraft cannot accept any liabilities. In the unlikely event that there are errors in the patterns we will work as quickly as possible to issue an addenda.

Stylecraft cannot accept responsibility for the result of using any other yarn.

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METHOD

Using Sunflower & size G/6 (4mm) hook ch5, join with a ss to form a ring

Foundation Round: Ch1 (does not count as a st), 12sc into ring, ss to join, fasten off (12sts)

Round 1: Using Plum, join yarn into any st by working ch1 + ch2 (counts as 1st dc of popcorn), MP into same st, ch3, skip next st, * MP into next st, ch3, skip next st; repeat from * to end, ss to join, fasten off (6 popcorns made)



Round 2: Using Poppy join yarn into any ch-3 sp by working ch1 + ch2 (counts as 1dc), 5dc into same ch sp, 6dc into each ch sp to end, ss to join, fasten off (36sts)



Round 3: Using Shrimp join yarn into top of 2nd dc of any 6dc group made on previous round by working ch1 + ch1 (counts as 1hdc), * 2dc into each next 3sts, 1hdc into next st, ch1, skip next st, 1hdc into next st; repeat from * to end, omitting 1hdc on final pattern repeat, ss to 2nd ch of ch-2 at beginning of round to join, fasten off (48sts)



Round 4: Using Poppy join yarn into st sp between any 2 groups of 6dc made on Round 2 (also worked using Poppy) by working ch1 (counts as 1 spike sc - be careful not to over pull this stitch as it could come loose), * skip ch made on previous round (this is now covered by the spike sc) & skip st at top of next hdc, 1sc & 1hdc into next st, 3dc into next st, 1hdc into next st, ss into next st, 1hdc into next st, 3dc into next st, 1hdc & 1sc into next st, spike sc into st sp made between next 2 groups of 6dc made on Round 2; repeat from * to end, omitting last spike

sc on final pattern repeat, ss to join, fasten off (84sts)



Measurement: 4-4¼in (10-10.5cm) across center—widest point of petal to petal

Round 5: Using Teal and working at the reverse side of the flower (but with RS facing) join yarn around the reverse side of the spiked sc made on Round 4 (Poppy) by working ch1 (does not count as a st), 1sc into same st, * ch4, 1tr into sc at base of ch-4, ch4, ss into same sc, ch7, 1sc into reverse side of next spiked sc as before; repeat from * to end, omitting last 1sc on final pattern repeat, ss to join, fasten off (base for 6 leaves complete)



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Round 6: Using Leaf join yarn into 4th ch of any ch-7 made on previous round by working ch1 (does not count as a st), 1sc into same ch, * ch1, 1dc into next ch sp (between ch-4 & tr), ch1, [1dc, ch1 into same ch sp] 3 times, 1dc into same ch sp, ch3, ss into st at base of ch-3 to make picot, [1dc, ch1 into next ch sp] 5 times, skip 3ch of ch-7 made on previous round, 1sc into next ch; repeat from * to end, omitting last sc on final pattern repeat, ss to join, fasten off (6 leaves complete)



Round 7: Using Sunflower join yarn into top of any sc made between leaves on previous round by working ch1 + ch2 (counts as 1dc), 4dc into same st, * ch7 behind leaf, 5dc into next sc; repeat from * to end, omitting last 5dc on final pattern repeat, ss to join, fasten off (30dc & 6 x ch-7 sps)



Round 8: Using Mauve join yarn into 4th ch of any ch-7 made on previous round by working ch1 (does not count as a st), 1sc into same ch, * ch3, skip next dc, 1hdc into next st, 2hdc into each next 2sts, 1hdc into next st, ch3, skip 3ch of ch-7 made on previous round, 1sc into next ch; repeat from * omitting last sc on final pattern repeat, ss to join, fasten off (36 hdc & 12 x ch-3 sps)



Note: The last round may cause your crochet to form a slight cup shape—this should settle down on the next round, but it is worth keeping your eye on it. If your crochet does not settle down by the end of Round 9, try making your chain stitches a little looser on Round 8 & 9.

Round 9: Using Ivory join yarn into any sc made on previous round by working ch1 (does not count as a st), 1sc into same st, * ch3, skip next 2hdc (note that for hdc, the top of the stitch lies to the right of the post and can look like a chain stitch), [dc3tog into next st, ch3] 3 times, skip 1hdc & 3ch, 1sc into next ch; repeat from * omitting last sc on final pattern repeat, ss to join, fasten off



Round 10: Using Black join yarn into ch sp before any central dc3tog group made on previous round by working ch1 + ch2 (counts as a 1dc), * 5dc into next ch sp, [4dc into next ch sp] twice, 5dc into next ch sp; repeat from * to end, omitting 1dc on final pattern repeat, ss to join, do not fasten off (108sts)



Round 11: Ch1 (does not count as a st), 3sc into next st, * 1sc into each next 8sts, 1hdc into center of picot made at top of leaf made on Round 6, skip next st made on previous round, 1sc into each next 8sts, 3sc into next st; repeat from * to end, omitting 3sc on final pattern repeat, ss to join, fasten off (120sts)



Sew in yarn ends

Place stitch marker into corner sts (central st of 3sc) if required

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Pre Blocked Measurement: 7¾in (19.5cm) at widest point



Joining your pieces

You can join one side of this motif as you make it, if you want to do this, do not fasten off at the end of the last round

Using size G/6 (**4mm**) hook & using the layout diagram as your reference, ch1, holding the correct block in front, with RS facing inwards, 1sc into central sc of 3sc group made at corner of block & the corresponding st on the other block so that your hook is through 2 sts, 1sc into the sts, work 1sc into all corresponding pairs of sts on both pieces all the way along to the central scs at next corners, working the final sc into the central sts, at corner, fasten off

Repeat for all 4 motifs

To join the other sides of the motif

Using Black & size G/6 (**4mm**) hook & using the layout diagram as your reference, & holding the correct block in front, with RS facing inwards, join yarn into pair of corresponding corner sts on both blocks by working ch1, work 1sc into all corresponding pairs of sts on both pieces all the way along to the central scs at next corners, working the final sc into the central sts, at corner, continue in this way for further seams if required, fasten off