



UK Terms

# Crochet Along

Stylecraft



## Heart Rose

Frida's Flowers Blanket - Block 5

## Block 5 – Heart Rose

In 1939 Frida Kahlo painted a canvas that she named 'The Two Fridas'. Frida painted it after her divorce from Diego and it shows one version of herself wearing an exposed heart, the other version of herself with a strong heart. The painting represents suffering versus strength and resilience.

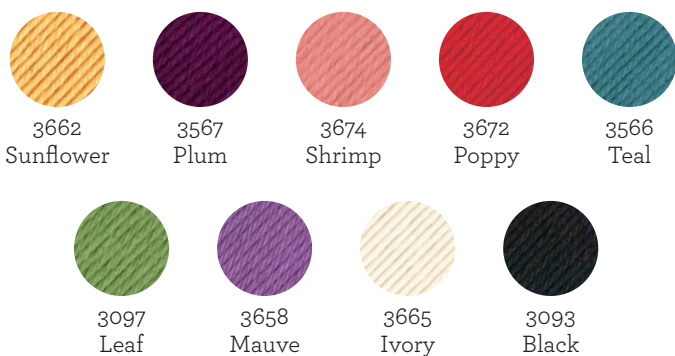
When I first started working on the design for this blanket, and was therefore looking at traditional Mexican fabrics and iconography, I came across designs which featured the heart shape. The sacred heart motif is one of the most common motifs in religious Mexican folk art and, within the Catholic religion, it represents the physical heart of Jesus as a symbol of his divine love for humanity.

Trying to incorporate a heart shape into the design presented me with a problem in that the shape of it would mean the blanket design would have a definite top and lower edge in order for the heart shape to sit in the right position. I played with heart shapes a lot, but in the end I decided it simply didn't fit within the design. However, I realised that the shape would work perfectly as a flower petal and set about designing this piece 'Heart Rose'.

This is one of my favourite pieces within the design and once again it starts with those fabulous popcorn stitches made at the centre of Block 2.

The next block will be available 14 June.

### Block 5 – Heart Rose (make 4) Yarns used:



### NOTES:

#### Fastening Off and rejoining Yarn

You will achieve a much neater color change if you complete rounds and fasten off the yarn, rather than joining mid stitch. When fastening off a yarn at the end of a round, the slip stitch that you have made to join can look like a stitch when you are working the following round. Make sure you count correctly and do not count the slip stitch as a stitch when working subsequent rounds.

#### Dealing with yarn ends

I tend to sew yarn ends in as I go along—doing this makes the finishing process much easier as you will have less to do. Sewing yarn ends in as you go along also means that you are less likely to lose stitches or make errors with your tension.

#### Joining your pieces

You will join them together using double crochet and a 4mm hook. To save yarn, you could use slip stitch instead, but will need to use a larger hook (4.5mm).

When joining, corner sts on the motifs need to be used more than once.

#### Pattern Note

MP: Make Popcorn

Make 5tr, remove hook from last loop.

Making sure that the stitch does not unravel, insert hook into top of 1st treble of 5tr group from the front.

Place the yarn loop from the top of the 5th treble back onto the hook so that there are 2 'sts' on the hook.

Wrap yarn round hook and draw through to form a popcorn.

### EQUIPMENT

4mm hook used throughout  
Sewing needle

### MEASUREMENT

Pre blocked - 19.5cm wide at widest point

### ABBREVIATIONS

**ch(s)** chain(s)

**cm** centimetre(s)

**dc** double crochet

**dtr** double treble

**htr** half treble

**RS** right side

**sp(s)** space(s)

**ss** slip stitch

**st(s)** stitch(es)

**tch** turning chain

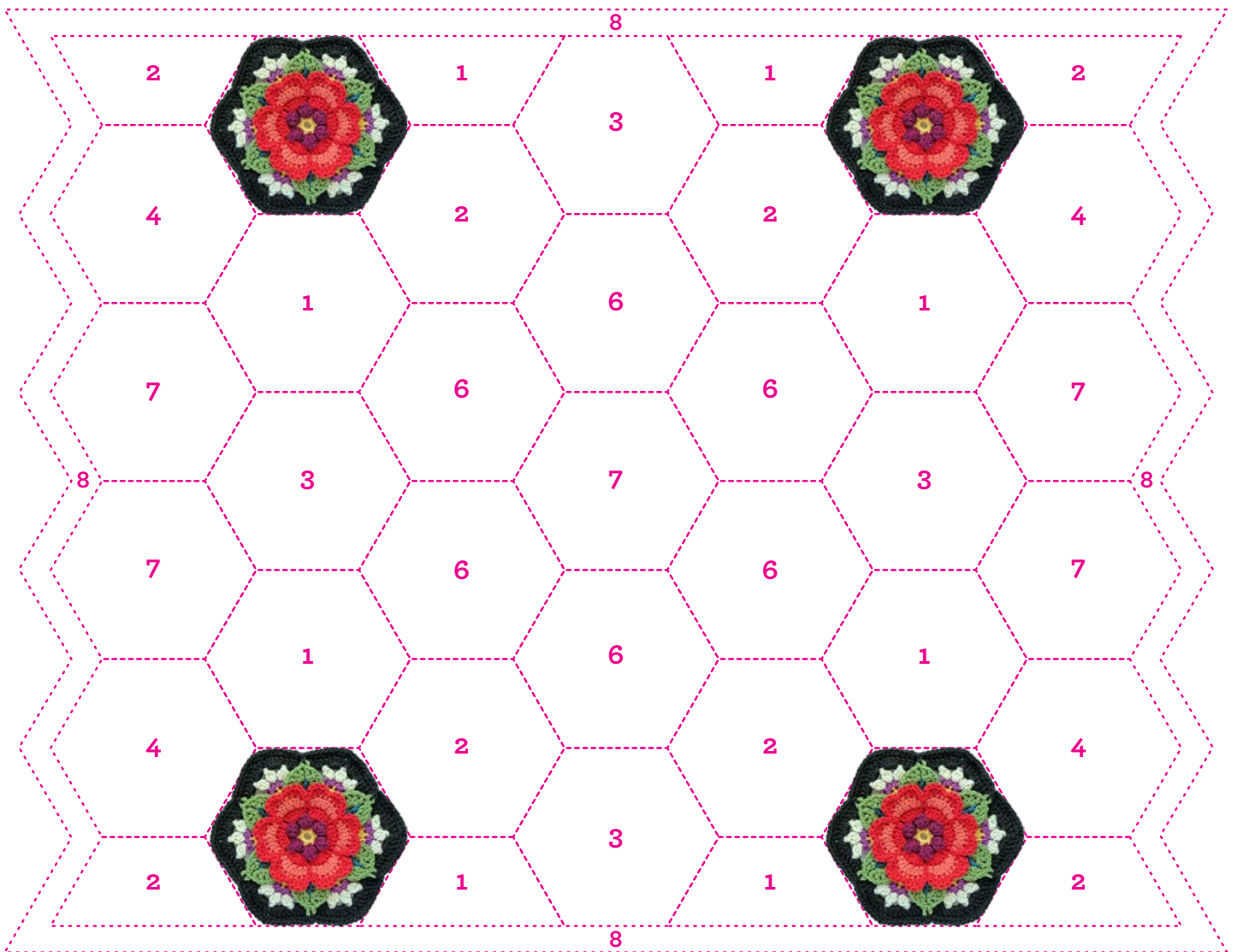
**tr** treble

**tr3tog** work 3 treble sts together (2 sts decreased)

**WS** wrong side

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## Block 5 – Heart Rose (make 4)



Although every effort has been made to ensure that instructions are correct, Stylecraft cannot accept any liabilities. In the unlikely event that there are errors in the patterns we will work as quickly as possible to issue an addenda.

Stylecraft cannot accept responsibility for the result of using any other yarn.



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## METHOD

Using Sunflower & **4mm** hook make 5ch, join with a ss to form a ring

**Foundation Round:** 1ch (does not count as a st), 12dc into ring, ss to join, fasten off (12sts)

**Round 1:** Using Plum, join yarn into any st by working 1ch + 2ch (counts as 1st tr of popcorn), MP into same st, 3ch, skip next st, \* MP into next st, 3ch, skip next st; repeat from \* to end, ss to join, fasten off (6 popcorns made)



**Round 2:** Using Poppy join yarn into any 3ch sp by working 1ch + 2ch (counts as 1tr), 5tr into same ch sp, 6tr into each ch sp to end, ss to join, fasten off (36sts)

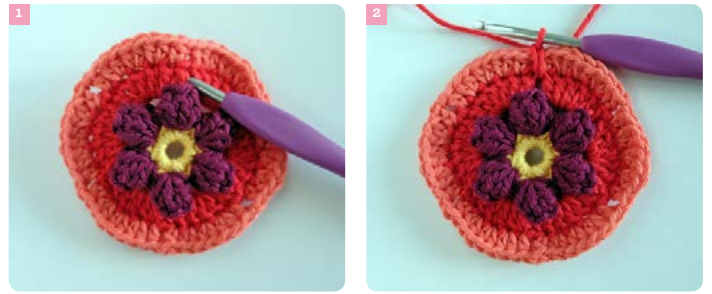


**Round 3:** Using Shrimp join yarn into top of 2nd tr of any 6tr group made on previous round by working 1ch + 1ch (counts as 1htr), \* 2tr into each next 3sts, 1htr into next st, 1ch, skip next st, 1htr into next st; repeat from \* to end, omitting 1htr on final pattern repeat, ss to 2nd ch of 2ch at beginning of round join, fasten off (48sts)



**Round 4:** Using Poppy join yarn into st sp between any 2 groups of 6tr made on Round 2 (also worked using Poppy) by working 1ch (counts as 1 spike dc) be careful not to over pull this stitch as it could come loose, \* skip ch made on previous round (this is now covered by the spike dc) & skip st at top of next htr, 1dc & 1htr into next st, 3tr into next st, 1htr into next st, ss into next st, 1htr into next st, 3tr into next st, 1htr & 1dc into next st, spike dc into st sp made between next 2 groups of 6tr made on Round 2; repeat from \* to end, omitting last spike

dc on final pattern repeat, ss to join, fasten off (84sts)



Measurement: 10-10.5cm across centre – widest point of petal to petal

**Round 5:** Using Teal and working at the reverse side of the flower (but with RS facing) join yarn around the reverse side of the spiked dc made on Round 4 (Poppy) by working 1ch (does not count as a st), 1dc into same st, \* 4ch, 1dtr into dc at base of 4ch, 4ch, ss into same dc, 7ch, 1dc into reverse side of next spiked dc as before; repeat from \* to end, omitting last 1dc on final pattern repeat, ss to join, fasten off (base for 6 leaves complete)



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**Round 6:** Using Leaf join yarn into 4th ch of any 7ch made on previous round by working 1ch (does not count as a st), 1dc into same ch, \* 1ch, 1tr into next ch sp (between 4ch & dtr), 1ch, [1tr, 1ch into same ch sp] 3 times, 1tr into same ch sp, 3ch, ss into st at base of 3ch to make picot, [1tr, 1ch into next ch sp] 5 times, skip 3ch of 7ch made on previous round, 1dc into next ch; repeat from \* to end, omitting last dc on final pattern repeat, ss to join, fasten off (6 leaves complete)



**Round 7:** Using Sunflower join yarn into top of any dc made between leaves on previous round by working 1ch + 2ch (counts as 1tr), 4tr into same st, \* 7ch behind leaf, 5tr into next dc; repeat from \* to end, omitting last 5tr on final pattern repeat, ss to join, fasten off (30tr & 6 x 7ch sps)



**Round 8:** Using Mauve join yarn into 4th ch of any 7ch made on previous round by working 1ch (does not count as a st), 1dc into same ch, \* 3ch, skip next tr, 1htr into next st, 2htr into each next 2sts, 1htr into next st, 3ch, skip 3ch of 7ch made on previous round, 1dc into next ch; repeat from \* omitting last dc on final pattern repeat, ss to join, fasten off (36 htr & 12 x 3ch sps)



Note: The last round may cause your crochet to form a slight cup shape – this should settle down on the next round, but it is worth keeping your eye on it. If your crochet does not settle down by the end of Round 9, try making your chain stitches a little looser on Round 8 & 9.

**Round 9:** Using Ivory join yarn into any dc made on previous round by working 1ch (does not count as a st), 1dc into same st, \* 3ch, skip next 2htr (the ch leading into the first htr & the st at the top of the second htr), [tr3tog into next st, 3ch] 3 times, skip 1htr & 3ch, 1dc into next dc; repeat from \* omitting last dc on final pattern repeat, ss to join, fasten off



**Round 10:** Using Black join yarn into ch sp before any central tr3tog group made on previous round by working 1ch + 2ch (counts as a 1tr), \* 5tr into next ch sp, [4tr into next ch sp] twice, 5tr into next ch sp; repeat from \* to end, omitting 1tr on final pattern repeat, ss to join, do not fasten off (108sts)



**Round 11:** 1ch (does not count as a st), 3dc into next st, \* 1dc into each next 8sts, 1htr into centre of picot made at top of leaf made on Round 6, skip next st made on previous round, 1dc into each next 8sts, 3dc into next st; repeat from \* to end, omitting 3dc on final pattern repeat, ss to join, fasten off (120sts)



Sew in yarn ends

Place stitch marker into corner sts (central st of 3dc) if required



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Pre Blocked Measurement: 19,5cm at widest point



## Joining your pieces

You can join one side of this motif as you make it, if you want to do this, do not fasten off at the end of the last round

Using **4mm** hook & using the layout diagram as your reference, 1ch, holding the correct block in front, with RS facing inwards, 1dc into central dc of 3dc group made at corner of block & the corresponding st on the other block so that your hook is through 2 sts, 1dc into the sts, work 1dc into all corresponding pairs of sts on both pieces all the way along to the central dcs at next corners, working the final dc into the central sts, at corner, fasten off

Repeat for all 4 motifs

## To join the other sides of the motif

Using Black & **4mm** hook & using the layout diagram as your reference, & holding the correct block in front, with RS facing inwards, join yarn into pair of corresponding corner sts on both blocks by working 1ch, work 1dc into all corresponding pairs of sts on both pieces all the way along to the central dcs at next corners, working the final dc into the central sts, at corner, continue in this way for further seams if required, fasten off